# "Natural Family Celebration"



## Celebrate with Us!

### Mother's Day thru Father's Day

#### **Roadmap For Strong Families**

- Give hugs
- Show respect and appreciation
- Communicate daily
- Show support, encourage, and help one another
- Enjoy a family history night
- Carry on family traditions and make new ones
- Play games, watch movies
- Cook meals together
- Plan a family reunion
- Don't forget grandparents & extended family

#### Tools To Build Strong Families

- Pray together God wants to hear from you
- Teach and practice Biblical values.
- Go to church together
- Read scripture together daily
- Build trust
- Serve others as a family: Food pantries, church programs, serving food homeless, visiting nursing home, etc.



Natural Family Strong - www.naturalfamilystrong.com